

# Innovative Wellness Solutions for First Responders

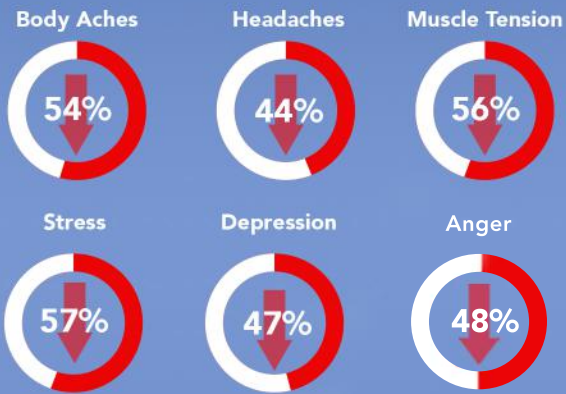
## PERSONNEL BENEFITS

- Decreased stress levels
- Pain relief
- Improved sleep
- Reduced muscle tension
- Enhanced relaxation



More than 165 law enforcement officers died in 2018 by committing suicide. Biosound is proud to support Survive First and their mission to assist first responders and their families who need mental health support from the impact of post traumatic stress disorder, depression and substance abuse.

## RESULTS SYMPTOM DECREASE



For more information on clinical studies, visit [www.biosoundhealing.com/research](http://www.biosoundhealing.com/research)

## DEPARTMENT BENEFITS

- Increased officer retention
- Improved officer morale
- Decreased workers comp claims
- Reduce avoidable officer involved incidents that lead to lawsuits

## HOW IT WORKS

- Full body vibrations relieve pain and tension
- Relaxing music with binaural beats induce a theta meditative state
- Biofeedback program creates coherent heart rhythm patterns that synchronize the body's nervous system
- Therapeutic heated pillows alleviate pain



“The technology used by Biosound is incredible. I was introduced to this technology during my treatment for severe PTSD, depression, anxiety, and attempted suicide and it was truly lifesaving. The feeling of peace that I experienced helped me to interrupt the stress and trauma cycle, better process my thoughts, and enabled me to look to the future with a new way of thinking. I highly recommend Biosound Healing Therapy as part of preventative mental health measures for all law and fire departments.”

-Doug Monda, Ret. Narcotics Agent, SWAT Leader, Sniper, Founder, Survive First Foundation